



New Ross Swimming Club



Chairperson: Pat Daly, Secretary: Sinead McCarthy, Head Coach: Fran Ronan, Gala Secretary: Emir Kelly

nrscgalasec@gmail.com

March 2017

Licence No: **3A-16/17-L023**

Dear Secretary,

The New Ross Swimming Club Annual Gala will take place on:

29th & 30th April 2017
The Apex, Bosheen, New Ross, Co Wexford

Please find included, order of events and meet conditions for your review.

We are delighted to announce that this year we will be holding our annual gala over two days, with some distance events featuring on the evening of Saturday 29th April. If these events are oversubscribed, we will have to limit entries, and qualification times will be applied. These times are listed on the meet events details below.

We are also offering the opportunity for Masters swimmers to take part. All 100m swims will have a Masters category.

We will be using "Meet Manager" to run the gala, so files from Hy-Tek "Team Manager" can be exported and sent to us (as an email attachment). If this is not possible, please contact NRSC Gala Sec(email above), and we may be able to accommodate another form of entry.

Swimmers should be able to swim 50m of the pool unaided. Diving blocks will be positioned at the deep end of the pool. Electronic timing will be in use.

A copy of all your swimmers times/results will be sent on to clubs after the gala. Results will also be posted on the Leinster Swimming website.

Refreshments will be available on the day, including a free lunch for each club's coach and team manager.

We look forward to welcoming your club swimmers to the New Ross Gala

Yours Sincerely,

Emir Kelly
Gala Secretary
New Ross Swimming Club



ANNUAL GALA 2017

- VENUE:** THE APEX,
BOSHEEN,
NEW ROSS,
CO WEXFORD
- DATE:** SAT 29 & SUN 30 April 2017
- SATURDAY** SESSION 1: WARM UP 17.00-17.30
SESSION 1 17.30-20.00
- SUNDAY** SESSION 2: WARM-UP 7.30AM – 8.45AM
SESSION 2: 9.00AM-13.00
- SUNDAY** SESSION 3: WARM-UP 13.15-14.15
SESSION 3: 14.30-18.30
- SCRATCHES:** 5pm Saturday 9TH April
- ORDER OF EVENTS:** AS PER ATTACHED LIST.
ALL EVENTS WILL BE **HEAT DECLARED WINNERS**
- TIMING:** ELECTRONIC TIMING WILL BE USED FOR THIS GALA.
- AGE GROUPS:** 10&U, 12&U, 14&U, 16&U, OPEN
MASTERS IN ALL 100M EVENTS
- MEDALS AWARDED IN THE FOLLOWING AGE GROUPS 10&U, 12&U, 14&U, 16&U, OPEN**
- MEDALS AWARDED FOR 50M IN THE FOLLOWING AGE GROUPS 8&U, 10&U**
- AGE AS: 31ST Dec 2017**
SWIMMERS MAY SWIM UP AS REQUIRED
- CANNON FREE RELAY 4 GIRLS AND 4 BOYS, one swimmer from the following age groups: 10&U, 12&U, 14&U, 15&O**
- ENTRY DEADLINE:** FRIDAY 14th APRIL 2017
- ENTRIES TO:** EMIR KELLY
EMAIL: nrscgalasec@gmail.com
- GALA FEES:** €7.00 PER INDIVIDUAL EVENT
€20.00 PER CANON RELAY
CHEQUES PAYABLE TO: NEW ROSS SWIMMING CLUB
PLEASE POST FEES TO:
- NEW ROSS SWIMMING CLUB
c/o EMIR KELLY
ROSEMOUNT HILL
MOUNT ELLIOTT
NEW ROSS

Any points not covered by the above will be at the discretion of the Gala Organisers



SESSION 1 WARM-UP 17.00; START 17.30					
Event No	Gender	Event			
1	Mixed	1500M FREESTYLE SEE QTS			
2	Mixed	800M FREESTYLE SEE QTS			
3	M	50M FREESTYLE (OPEN)			
4	F	50M FREESTYLE (OPEN)			
SESSION 2 WARM-UP 7.30; START 9.00am			SESSION 3 WARM -UP 13.15; START 14.30		
Event No	Gender	Event	Event No	Gender	Event
5	F	200IM 14& U	14	M	200 IM 15 & OVER
6	M	200IM 14& U	18	F	200 IM 15 & OVER
7	F	50M FREESTYLE (10 & U)	19	M	50M FREESTYLE (10 & U)
8	M	50M BACKSTROKE (10 & U)	20	F	50M BACKSTROKE (10 & U)
9	F	100M BUTTERFLY	21	M	100M BUTTERFLY
10	M	100M FREESTYLE	22	F	100M FREESTYLE
11	F	50M BUTTERFLY (10 & U)	23	M	50M BUTTERFLY (10 & U)
12	M	50M BREASTSTROKE (10 & U)	24	F	50M BREASTSTROKE (10 & U)
13	F	200M FREESTYLE	25	M	200M FREESTYLE
14	M	100M BREASTSTROKE	26	F	100M BREASTSTROKE
15	F	100M BACKSTROKE	27	M	100M BACKSTROKE
16	M	Skins Finals 14 & U	28	F	Skins Finals 15 & over
17	F	Skins Finals 14 & U	29	M	Skins Finals 15 & over
			30	M	Canon relay

800M QTS
Faster than
13.11.84

Slower than
10.05.30

1500m QTS
Faster than
24.01.47

Slower than
19.08.90



MEET CONDITIONS

1. The New Ross Annual Swim Meet will be held under FINA law and technical rules and has been licensed at Level 3 by the Swim Ireland for entry into Regional and National Championships and Competitions.
2. The New Ross Annual Swim Meet is limited to the swimmers who are affiliated members to Swim Ireland or International swimming federation. That have paid their affiliation fee to the Swim Ireland in the year of competition. All affiliation fees must be paid prior to the closing date for the entries.
3. All entries must be made electronically (unless agreed beforehand). By the closing date. No changes permitted on the day! Swimmer's entered as a time trial will not be eligible for awards or finalist positions.
4. The acceptance of competitors will be based on times submitted so it is essential that only **achieved times or realistic times** be entered. As many heats as possible will be run in the time available for the Meet. Cut off times may be applied to all events, in order to meet the time allowance under the meet conditions.
5. The promoter (New Ross Swimming CLUB) reserves the right to reject any entry without giving a reason. By submitting entries on the official entry forms and discs, clubs and competitors accept the rules of this competition.
6. If the number of entries is high the promoters reserve the right to limit entries to enable the gala to meet licensing requirements. Any deletions required will need to take into consideration meet conditions 9 and will ensure an equal balance of swimmers across the age groups and events based on entry time.
7. Officials: All Clubs are asked to provide at least 1 qualified Official per session
8. The New Ross Swimming club uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on computer. Personal data such as name, club, entered/achieved times may be made public prior to, during or after the meet (e.g. programs, results, etc).
9. The pool is 25m x 6 lanes and the competition will be swum short course. Anti-wave devices will be in place and electronic timing/placing will be used wherever possible.
10. The promoter reserves the right to refuse admission to any competitor or spectator.
11. The promoter does not accept responsibility for any property. Lockers are available in the changing rooms and should be used for the safe keeping of all belongings. Items have gone missing in the past so please look after your belongings.
12. The promoter reserves the right to make alterations to the above conditions if necessary. All participants will be informed of any such changes.

2017 Entry Fees

Individual = €7.00 per event

Canon Relay = €20.00

14. In line with child protection policies, any persons wishing to use video or photographic equipment (including mobile phones with photographic facility) are required to sign the authorization book available at the entry desk and must display a camera pass. Any person not complying will be asked to leave the pool complex.
15. The one start rule will be in operation during this event.
16. The meet will be run without cards. All events to be swum in "spearheaded" seeded heats (slowest heat first), regardless of age, from submitted times, with declared age group winners.



Scratches for events must be made by 5pm on Friday 28th April 2017 to nrscgalasec@gmail.com

17. All events will be HDW (except medley skins). There will be skins finals in all 200m IM events, these finalists will be the fastest 6 swimmers qualifying from 200IM events, in the age group 14 &U and 15&over male and female. (see separate conditions) Two reserves will be named for these finals.

Age Groups for 50m 8&U, 10&U, OPEN (50 FREESTYLE)

Age Groups 10&U, 12&U, 14&U, 16&U, OPEN, MASTERS

18. Competitors must report to the stewards at the marshalling area at least 15 mins before the heat swim prior to their event where they will be given their starting order. It is the responsibility of coaches and swimmers to ensure that swimmers report to the marshalling area in good time. Any swimmer not reporting may be deemed to have withdrawn from that event.

19. Competitors' ages shall be as at 31 Dec 2017

20. Awards for each age group will be presented for 1st, 2nd and 3rd places in all events apart from Medley Skins.

Cash prize to the Medley Skins winner.

21. RELAY EVENTS

8 x 50 Freestyle canon relay consisting of 4 girls 4 boys one swimmer from the following age groups.

10&Under, 11/12, 13/14, 15 and over

d) Closing date for entries to be as for the New Ross Swim Meet

Annual Swim Meet 2017

22. SPECTATORS

a) Spectator Entry will be FREE. Raffle tickets will be on sale. Programmes will be available on the day.

23. OFFICIAL DECISIONS

a) The Referees decision on all swimming matters is final.

Medley Skins Events

1. There will be medley "Skins" events, male and female, based on times achieved in the 200m Individual Medley. In 14&U, and 15&O, events will be held. In each case, the names of the fastest **SIX** qualifying swimmers, and a maximum of two reserves, will be announced as soon as possible after the completion of the heats. In the event of a need for a swim off this will take place at the end of the heats. Swimmers and reserves intending to compete in the medley "Skins" must advise the Promoter within 30 minutes of the announcement that they intend to swim.

2. The allocation of lanes for the first round of the medley "Skins" event will be based on the spearhead principle according to times achieved in the heats of the 200IM in the Events. Swimmers will remain in the same lane for all rounds save for the last round when they will move to the centre lanes of the pool.

3. The medley "Skins" event will consist of five rounds of 50m swims.

4. All starts will be from the same end of the pool.

5. Prior to the start of each medley "Skins" event, eight balls, two of each colour, will be placed in a bag; each colour will represent butterfly, backstroke, breaststroke or freestyle. The stroke to be swum will be determined by drawing a coloured ball from the bag prior to the start of each



- round. The stroke drawn will be announced as soon as it is drawn and again immediately following the whistle prior to each round. The ball that has been drawn will go back in the bag.
6. The start of round 1 will be as normal. The starter will give the command "take your marks" followed by the starting signal. For subsequent rounds, the swimmers will be given a 10 second warning of the start signal. There will be no other command. It is the responsibility of the swimmers to be at their start positions on time.
 7. The starting signal will be given every three minutes. For this competition there will be a round for Males which will be followed by a round for Females (i.e. there will be a start every 1.5 minutes).
 8. Disqualified swimmers will automatically be eliminated and will take no further part in the event.
 9. The swimmer who finishes last in a round, subject to any disqualification, will take no further part in the event.
 10. Should there be an equal last place in a round no swimmer will be eliminated in that round but in the following round the number of swimmers to be eliminated shall be such that the number of swimmers in the next round is equal to the number that should be remaining in the ordinary course of events.
 11. In the last round, if there is an equal first place, the two swimmers shall swim again after an interval of 3 minutes repeating the last stroke swum.
 12. The winner of the final round will receive a prize.

